

## **Eat Well Action Team Minutes - 7/23/2019 at the Extension office**

**Present:** Jeanne, Peggi, Ashley, Monica, Sam, Paul, Mallory, Jesus, Emily and Dale

-Dale and Emily announced that Mallory recently accepted the role of EWAT co-chair

-Mallory provided an update on progress of the Focus Group Subcommittee. During the subcommittee calls, the committee felt the information we would gather would be important enough to share on a broader spectrum, which would then warrant review by an Institutional Review Board (**IRB**). An IRB is an administrative body established to protect the rights and welfare of human research subjects recruited to participate in research activities conducted under the auspices of the institution with which it is affiliated.

If you'd like to participate in this subcommittee, please contact **Mallory**: [Mallory\\_Beijster@rush.edu](mailto:Mallory_Beijster@rush.edu). All subcommittee members who participate in the IRB process will need to take a training course. If you want to learn more about the IRB process or to take the course, visit:

<https://www.citiprogram.org/index.cfm?pageID=14>.

-The group also agreed to form two other subcommittees:

**-Volunteer Subcommittee:** this team will look at the best practices to recruit and maintain volunteers. **Paul Geiselhart** will chair the subcommittee.

-Members:

Emily  
Jeanne  
Rachael  
Ashley

-If you'd like to join the group, please contact Paul at: [geiselhart8@aol.com](mailto:geiselhart8@aol.com)

**-Special Projects Subcommittee:** this team will research specific topics or opportunities identified by the full group and/or the other subcommittees. Their first research topic will be how technology can benefit pantries. **Sam Martinez** will chair the subcommittee.

-Members:

Peggi  
Jesus  
Monica

-If you'd like to join the group, please contact Sam at:

[Suzanne.martinez@advocatehealth.com](mailto:Suzanne.martinez@advocatehealth.com)

**-After discussion, the group agreed to transition to meeting every other month to allow for subcommittees to make progress between the full group meetings.** Workgroups will meet separately and will report out at the bi-monthly meetings. We'll meet at our regular time in August, the switch to the new schedule from then on. The new recurring meeting date will be the second Thursday every other month. We'll send out a recurring calendar invitation to you all shortly.

### Future meeting dates

Tuesday, Aug. 27, 2019, 1:30 p.m. at the Extension office: 100 S. US. Highway 45 in Grayslake

Thursday, Oct. 10, 2019, 1:30 p.m., location TBD

Thursday, Dec. 12, 2019, 1:30 p.m., location TBD

Thursday, Feb. 13, 2020, 1:30 p.m., location TBD

Thursday, April 9, 2020, 1:30 p.m., location TBD

Thursday, June 11, 2020, 1:30 p.m., location TBD

***\*\*If you have not joined a workgroup, please consider joining at least one and reach out to the chairperson of that group to let them know of your interest.***

-Organization Updates:

-Ashley from Catholic Charities mentioned the pantry and the garden are going well

-Monica mentioned Family Fun Day is scheduled for Aug. 3. There will be immunizations available and many organizations on hand to support the various activities.

-Jeanne mentioned the RX mobile pantry had about 300 people in Round Lake attend and the next one is scheduled for Aug. 20, 2019.