

Name of Action Team: Diabetes Prevention and Management		DATE: 10.8.19
Present: Elvis, Julie, Demetrius, Jordan, Edna, Wendy(p), Bushra(p)		Call to order: 10:09 Location: 3010 Grand Ave Recorder: Jordan

AGENDA ITEM	DISCUSSION/CONCLUSIONS	ADDITIONAL INFORMATION, QUESTIONS, RECOMMENDATIONS AND/OR ACTIONS	RESPONSIBLE PARTY
1. Welcome/Updates	<p>Diana- sent an update that a Spanish DEEP train the trainer has begun.</p> <p>Jordan- presented to Zion's Healthy Communities coalition last month. The coalition is eager to help spread the word of the diabetes action team.</p> <p>Elvis- reported out numbers for the mobile food truck pantry since July. Persons per household 2537 direct or indirectly impacted. The next mobile truck is October 15, need volunteers to prepare for November event.</p> <p>Wendy- Vista and Oak Street partnering on 2 classes 1 Spanish and 1 English. Wendy continues to hold Intro to diabetes English and Spanish and promotes DPP and DSME classes in the area.</p> <p>Bushra- will do a workshop to promote DPP Lifestyle Coaches to the community. Looking for a venue to host workshop.</p>		

<p>2. Diabetes Month</p>	<ul style="list-style-type: none"> • November 19 action team will host a walk in Round Lake in conjunction with the Rx mobile pantry. • The team will put together a one pager for Go communities to give ideas on how to promote diabetes. Additionally, will provide a link for each community to give feedback on what they did for Diabetes Month. • Create save the date for walk. YWCA send text messages and tips. Partner with Betzy to promote the website. Will use old messaging for social media for promotion. This year them for World Diabetes Day is Protect Your Family. Wendy suggest PPT bullet points in 30 seconds or less. We will start the walk at 10:30am. 		
<p>3. Health Habits Healthy You Results</p>	<p>Demetrius finished the 10th week, September 18. A1c pre/post was taken. Will be meeting with people again December 4 and take measurements. Data shows 25 pp ended with 7. A1c went down 1.6%. Waist decrease 2.7 inches. Pre/posttest increased. Also had depression questions. There was a decrease in perceive depression. Initial indicators that glass was successful. Working on the report on all data points. Will have class again in the spring. Will have 2020 for all diabetes classes calendar by the end of November. Looking at the possibility to open some classes up to the community.</p>		

<p>4. Relaunch diabeteslc.org Update</p>	<p>We want to make sure if people are ready, they can get the class sooner rather than later. If we are going to impactful in the community, we must rework the website. We will shut down the website until January 2020.</p>	<p>We will use this as a marketing tool when we do community presentation. We can use pictures. Do a press release too. Social Media too and boost messages for a price. 211 can be a way to promote classes. We need to find out how they can assist. Create a Microsoft form to register through the website.</p> <p>Texting would be manually sent. People can sign-up through website. This a plan after website launch.</p>	
<p>5. Announcement/Next Steps</p>	<p>Black Expo October 19, Saturday. This is the second annual at a church. Demetrius will go to event and talk about diabetes. Next year the action team can get more involved. Shiloh Baptist Church, 9-2pm. confirm 847-680-6554 ASAP or email nelsontate@trinityifc.com</p>	<p>Rachel from Novo Nordisk is interested in joining the action team.</p>	