

Name of Action Team: Diabetes Prevention and Management Action Team			DATE: 7.24.19
Present: Demetrius Willis, Jordan Morris, Elvis Munoz, Manny Hernandez, Kate McClory, Bushra Singh, Diana Gutierrez (P), Betzy Berganza			Call to order: 10 AM Location: 3010 Grand Ave, 2C Recorder: Jordan and Kate
AGENDA ITEM	DISCUSSION/CONCLUSIONS	ADDITIONAL INFORMATION, QUESTIONS, RECOMMENDATIONS AND/OR ACTIONS	RESPONSIBLE PARTY
1. Welcome/Updates	<ul style="list-style-type: none"> • Betzy YWCA- 5-7p every 3rd Wednesday at Erie health center in Waukegan. The attendance of the last one was 36 people. Trying to expand program. Trying to determine who is prediabetic. Nutrition + Cooking class + yoga. Class goes through the year, ending in December. Erie is not providing health screenings, but it is in the plan. Working with Walmart health fair, every three months. Can't be present in every single Walmart, but all over the County. Screening for diabetes, blood pressure, etc. Rosalind Franklin is doing measurements once a month at YWCA location. YWCA connects the patient with one of the 26 providers in Lake County if they do not have insurance or medical home. Classes are in English and in Spanish, at the same time but in 2 different rooms. 		Demetrius

	<p>Less English speakers than Spanish speakers. No incentives, but trust.</p> <ul style="list-style-type: none"> • Jordan – Went to Medicaid DPP Coverage meeting that brought in outside organizations to influence MCOs why it is important for Medicaid to pay for DPP. Debra Lewis is having a hard time keeping attendance up. • Bushra-DPP August 5th 5 people, looking for 4-5 more people. Curriculum is going to be using google hangout. Video call once a week. Can stream classes. Wants a walk. Following CDC curriculum. • Bushra wants a list of pre-diabetes patients. Trying to do more one on one for recruitment. \$50 fee, after a few months it will go down to \$20 per month. Their money will be reimbursed if they stick to it. Since all online, it is going to be national. Yet, want more locals. Have a free small yoga group. However, she will send out reminders to people out of state. • Illinois department of public health has 5 Diabetes goals. She is currently participating in one of the workgroups. 		
<p>2. DPP/DEEP/DSMP Update</p>	<ul style="list-style-type: none"> • DEEP – Round lake, North Chicago, library, Park Place. Park Place offers transportation. Primarily senior citizens. English and Spanish. Classes are open to everybody. • Wanting to go to Mundelein and Highwood next year. Possibly visit the big church in Mundelein. 	<ul style="list-style-type: none"> • Great opportunity to engage individuals that are already there for food pantry truck, just need to coordinate. • Cannot train on your own, need to work under somebody with license or Mano a Mano. • Maybe hold a class in Round Lake, while using the mobile food truck pantry. Just 	<p>Jordan, Elvis, Manny</p>

	<ul style="list-style-type: none"> WPL has DEEP license now. Trying to get Edna Pompilus as the training trainer. Flyers are not ready because need to solidify the dates. DEEP wants people to involve the family and wants clients to bring family to meetings. 	<p>need to do it sooner than later because of schedule. Matter of coordinating with the library. Elvis call library today and see if we can get a room once a week for an hour (either before or after). Pre-package food for after meeting? Assign volunteers? Come an hour or half an hour before the truck arrives because people like to pick their food. Launch collaboration in September. If we have the dates, we can start recruiting on the August 20th date.</p>	
<p>3. Healthy Habits Healthy You</p>	<ul style="list-style-type: none"> Tonight, is week 8. Spinoff of DPP but shorter. Lost about 15 people over the weeks. Waist measurements tonight. Took a test week one, will take it again tonight to see how much they learned. The most weight lost is 10-15 pounds. After this week, there will be a 3-week break. Collaborated with Roberti House for cooking class, cooked various meals. 	<ul style="list-style-type: none"> A couple challenges include people missing two weeks and feel like they missed too much and don't return but calling people to make sure they know they can still catch up. We want to run data and need people to run data and still have measurements. Also have a control group to see if they lost weight on their own. Another challenge is immigration status and government facility. Wordage on paperwork, "Do you live in Lake County". Makes people feel better, not afraid, and not think about residency. Find out more information, come up with some ideas on how to address immigration barrier. People are not asking for help anymore because they are afraid. 	Demetrius
<p>4. Food Truck</p>	<ul style="list-style-type: none"> Launched this month. Successful outcome. 105 families came out. 40+ came from the Y. at least 90+ were from Round Lake area, which is where we 	<ul style="list-style-type: none"> Where can somebody go if they just want to check their A1C, Walmart and Vista? Walmart doesn't refer to anything but the clinic inside of Walmart. 	Elvis

	<p>want to target. Screened for food insecurity at Avon township, YWCA, and Mano a Mano.</p> <ul style="list-style-type: none"> • Screenings showed that Round Lake needed the help. Mundelein was second runner up. 	<ul style="list-style-type: none"> • Coordinate with some dieticians, maybe do a cooking class, or do screenings, rather than just doing some presentations. Michael Smith (screening) doesn't have to use the truck. Extra food is going to Avon township. Maybe have a booth for a ask a doctor or dietician. 	
<p>5. LCHD/CHC Diabetes Overview</p>	<ul style="list-style-type: none"> • LCHD/CHC DMSE class starts tomorrow. Will try out passport. See if we want to invest more time into passport. 		Demetrius
<p>6. Relaunching Diabeteslc.org</p>	<ul style="list-style-type: none"> • A need for easy access to dates of events, classes, and a calendar. Want to make website more user friendly. For example, make more like GO Lake County website even though we do not have as many opportunities. • Also get capability to say enrollment for classes are closed. Link the site to other sites people go to often, for example GO Lake County. • Social media campaign, Facebook and LinkedIn marketing. Track the usage of website. • Make this website a priority and a one stop shop for people struggling with diabetes and prediabetes. 	<ul style="list-style-type: none"> • Use an icon that you can click that can switch it all to Spanish. Feedback? Targeting messaging. Any way to add chat box or ask a doctor? Maybe not immediate response, but maybe email back later. Share a few simple recipes. 	Jordan
<p>7. Announcement/Next Steps</p>	<ul style="list-style-type: none"> • Next RX walk is August 17 in Waukegan. • Black Expo on August 17 9-2:30 • Latino Expo September 7th 9-2:30 		All